

Porto to Lisbon | Self-guided | Portugal - 8 Days

The Porto to Lisbon biking holiday is a delightful tour linking the two main cities in Portugal and visiting several main cultural spots while cycling through the countryside and along scenic coastal trails. Start with Porto, one of Europe's most beautiful cities and a Unesco World Heritage Property. Learn about Port Wine, the beverage, and the associated culinary experience. Enjoy the refreshing scent of the pines and the eucalyptus trees under the sun as you cycle along this beautiful coast. Experience Aveiro, the Venice of Portugal, its canals and salt pans, the lively seaside city of Figueira da Foz, the famous Nazaré beach, the walled town of Óbidos, then Lisbon. On the right bank of the broad Tagus River estuary, the capital of Portugal graciously reclines over rolling hills. Exceptional natural light that has inspired artists, writers, photographers and filmmakers through the ages, brightly coloured buildings straddling the slopes, striking ochre roofs, tile-covered building facades and narrow twisting alleys of the medieval districts, all endow Lisbon with the unique atmosphere of a city perched somewhere on the line that marks the differences between the cultures of the European north and the Mediterranean south.

Highlights

- Two main cities of Portugal - Lisbon and Porto - in one trip
- Cycle a leisurely track along the seacoast with additional visits to attractions
- Accommodation at lively towns by the sea, some facing the beach
- Enjoy golden beaches and the sea, countryside and forests, lagoons, all in a single trip
- Ride through the protected Natural Park of the São Jacinto dunes
- Experience Aveiro, Figueira da Foz, Nazaré and Óbidos
- Daily Atlantic catches of unbeatable fish and shellfish
- Porto, famous for Port wine and a lively World Heritage city. Voted Best European City Destination in 2012, 2014 and 2017
- Towns rich in roman, baroque, and neoclassical architecture
- Lisbon, the capital of light, both traditional and cosmopolitan, of shopping and gourmet
- Transfer from the airport to the first accommodation and from the last accommodation to the airport, included
- Possibility of choosing between two distances in multiple cycling stages

Itinerary

- Day 1: Porto | UNESCO World Heritage city, world-famous for Port Wine
- Day 2: Porto to Furadouro | Unique landscapes facing the sea, surrounded by pine forests (42km by bike)
- Day 3: Furadouro to Aveiro | Art Nouveau and colorful Moliceiro boats at the Portuguese "Venice" (40,5km by bike)

services:

SERVICES

- Organization of the program
- Accommodation, 7 nights BB, in double standard room
- Luggage transfer daily
- Porto airport transfers to the start and from the ending points of the programs in a car, van, or minibus
- Per person: Standard Touring bicycle, cargo rack, 1 pannier bike bag, handlebar bag, 1 spare inner tube.
- Per group/reservation: GPS loaded with the tracks, toolkit, first aid kit, puncture repair kit, pump, lock (one per two bicycles)
- Overnight storage of bicycles at the hotels
- Login access to the app where the route is published
- indigital support, including map, points of interest and route details; the client must download it beforehand to its own smartphone, using it online/offline to guide himself during the journey
- Not included:
- Guide and support vehicle (price on request)
- Meals, wine experiences and all the optional experiences
- stated in the chapter with the same name "Optional"
- E-Bike supplement (optional)
- Helmet
- Insurance
- Personal expenses
- Pre-paid mobile phone (on request)
- Other items not mentioned
- Mechanical bike interventions made on the bikes without Vinitur's permission
- The damages caused by bad use or accident are the client's responsibility and so the cost associated will be charged directly to them. However, Vinitur will provide assistance for the situation to be resolved in the clients' best interest.
- Small repairs such as a tire repair or inner tube change are done by clients. For that, we provide 1 toolkit per group with the necessary gear
- Please note: Clients are advised to bring their own helmets, although we can provide a limited number of second-hand helmets, if required, at no extra charge. Clients may purchase a brand-new helmet from us for an additional 60 euros. If required, these must be requested when booking your journey, otherwise we cannot guarantee availability
- Shared transfers
- A transfer service from the airport until the starting point and from the ending point until the airport is available.
- All tours that respect the designated departure day have shared transfers. They can be at the beginning, middle or end of the tour. The schedules are the following:

Day 1
 Hour: According to the clients' flights
 From: Porto airport
 To: Hotel in Porto
 Day 4
 Hour: 15h00
 From: Praia de Mira – In front of the striped chapel
 To: Accommodation in Figueira da Foz
 Day 5
 Hour: 09h00
 From: Accommodation in Figueira da Foz
 To: Starting point of the tour
 Day 7
 Hour: 11h00
 From: Accommodation in Óbidos
 To: Hotel in Lisbon
 Day 8
 Hour: According to the clients' flights
 From: Hotel in Lisbon
 To: Lisbon airport

added options / discounts:

Additional night in Porto doubleroom p.P. high season from	115 €
Additional night in Porto singleroom p.P. high season from	195 €
Additional night in Porto singleroom p.P. off season from	185 €
Additional night in Porto double room p.P. off season from	195 €
Flight to Porto	300 €
5x picnic package	120 €
Wine & Dine	175 €
premium service-package	365 €
extra transfer from Porto city to the airport	65 €
Wine and boat experience	55 €
e-bike	195 €
Additional night in Lisbon doubleroom p.P. from	415 €
Additional night in Lisbon doubleroom p.P. from	495 €

dates & prices:

01.10.2024 - 30.11.2024 - Accomodation Porto

Double room - Price per person	1615 €
Single room - Price per person	1985 €

Day 4: Aveiro to Figueira da Foz | A unique blend between the cosmopolitanism inherited from the Belle Époque and extensive beaches of soft white sand (35km by bike)

- Day 5: Figueira da Foz to São Pedro de Moel | Picturesque village and a small sea resort (59km by bike)
- Day 6: São Pedro de Moel to Óbidos | Charming, small, fortified town with narrow streets and white-washed houses (70km by bike)
- Day 7: Lisbon | The stunning capital city of Portugal, and one of the most charismatic and vibrant cities of Europe
- Day 8: Departure or Extension



All distances are approximate. Due to circumstances beyond control, weather conditions or provisions issued by local authorities, the itinerary may be subject to some changes before and/or during your holiday. For example, along the way you may find temporary deviations/detours caused by roadwork. In this case, please follow the directions posted on site.



Itinerary:

Day 1: Porto | UNESCO World Heritage city, world-famous for Port Wine

You will be met upon arrival at Porto airport and taken to your hotel in the centre of Porto from where you can explore the city. Walk down to the riverside, into the medieval quarter of the Ribeira. Porto is a World Heritage city, a historic jewel with more than 150 listed monuments. Cycle leisurely along the riverbank, past the famous Eiffel bridge and across to the Port Wine lodges that rise uphill from the southern bank of the river Douro. That evening, we suggest you enjoy dinner in one of the many fine restaurants for which Porto is famous.



Day 2: Porto to Furdouro | Unique landscapes facing the sea, surrounded by pine forests

Leave the hustle and bustle of the city for the peace and quiet of the Atlantic coast. Ride through the many small towns that nestle along the coast and, from time to time in and out woods of pines. The day ends in Furdouro, a hospitable town renowned for its excellent fish. Enjoy your meal

Day 3: Furdouro to Aveiro | Art Nouveau and colorful Moliceiro boats at the Portuguese "Venice"

If you have time, take a trip on a Moliceiro, the brightly coloured hand painted wooden boats used for gathering seaweed, along the canals for which Aveiro is named Portuguese Venice. Ashore, tickle your taste buds and join a workshop to make a typical Aveiro pastry. Do not fail to visit the salt pans and enjoy the wonderfully soothing properties of sea salt as you soak your feet in small tubs. Your bike tour for today is a pleasant ride along the Aveiro Ria



Day 4: Aveiro to Figueira da Foz | A unique blend between the cosmopolitanism inherited from the Belle Époque and extensive beaches of soft white sand

Leave enchanting Aveiro for Figueira da Foz, cycling along the canal and through green fields until you reach Mira where you will be dazzled by the golden effect of the sunshine on the sand, the sea, the vegetation, and the brightly contrasting colors of the landscape. Visit Praia de Mira fishing village with the typical colourful wooden houses they call palheiros. Treat yourself to one of the fresh fish gastronomic specialties for which Mira is famous. At this point, a shared transfer is included to Figueira da Foz, the ideal place to stop for the night.

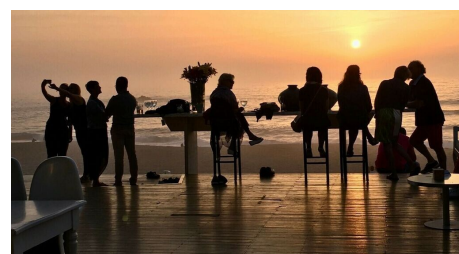
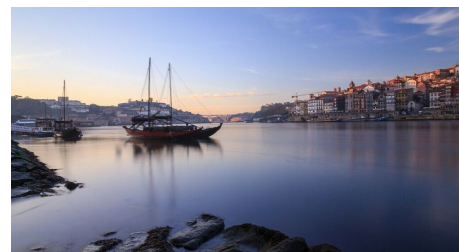
Day 5: Figueira da Foz to São Pedro de Moel | Picturesque village and a small sea resort

This stage takes you along the Portuguese silver coast and through the Pinhal de Leiria, the great pine forest planted in the 15th century to supply the wood for the caravels on which the Portuguese discoverers sailed the seven seas. The trail follows a cycling path alongside the Estrada Atlântica (Atlantic Road) to São Pedro de Moel, an elegant beach resort that nestles in a forest clearing. Famous for surfing, the splendid beach is bordered to the north by steep

rocks and to the south by a small stream. Try fishing off the rocks near the lighthouse where the cliffs attract several species of tasty fish, especially sea bass and bream.

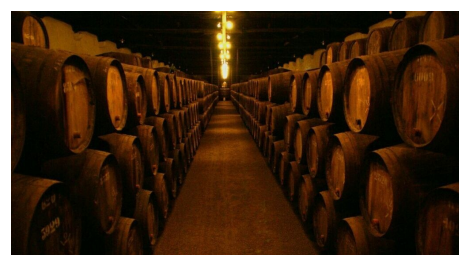
Day 6: São Pedro de Moel to Óbidos | Charming, small, fortified town with narrow streets and white-washed houses

Today takes you to two towns beloved by visitors to Portugal – Nazaré and Óbidos. Nazaré, possibly the most famous fishing town in Portugal, also famous for its beautiful beach, is unique in many ways. Its atmosphere of times gone by, contentment and long-standing traditions make it a special place to visit. The narrow, gaily painted wooden fishing boats with their high, curved bows, are reminiscent of the Phoenecians who first visited the area. Another unique tradition are the seven-layered skirts that the fisherwomen still wear, their wooden clogs and predominantly black headscarves. At the top of the high cliff overlooking the beach, a small village marks the birthplace of Nazaré and the legend of a knight saved by the Virgin Mary. The view out to sea is breathtaking. Óbidos, your destination of the day, is a charming, small, fortified town that makes one think of a medieval film set. The town has been carefully preserved and its inhabitants take pride in maintaining the architectural style from ages past, its monuments, narrow winding streets and white-washed houses with windows and terraces full of flowers. The walls covered with 18th century blue tiles inside the southern gate that acts as the main entrance are especially impressive



Day 7: Lisbon | The stunning capital city of Portugal, and one of the most charismatic and vibrant cities of Europe

After checking out from your hotel in Óbidos, return your bikes at the hotel. A transfer will take you to your hotel in Lisbon where, after checking in, you will have plenty of free time to explore the city. Lisbon is a romantic city open to the sea that has always shaped its destiny. Start with two landmark monuments near each other on banks of the Tagus: the Belem Tower and the Jeronimos Monastery. Both World Heritage Sites are noted for the beauty of the Manueline architecture. Alfama, Lisbon's oldest quarter, is not to be missed. Sprawling over the southeastern slope of the hill crowned by São Jorge Castle, the picturesque neighborhood is composed of a maze of narrow streets, winding alleyways, and steep flights of steps. Bairro Alto, a picturesque working-class quarter dating from the 16th century, has traditionally been the bohemian haunt of artists and writers. Its streets are quiet during the day but at night they are transformed by the city's vibrant nightlife. Behind the colorful and graffiti-covered façades you will find a variety of traditional and international restaurants, tourist-packed Fado Houses, and a multitude of bars and shops that stay open until late at night



Day 8: Departure or Extension

Total Distance: 246,5km (153 miles)

Daily Distance: 35-70km (22-43miles)

This tour is available between March 1st and November 30

Starts every Sunday

Accommodation Porto

Porto: [NEYA Porto Hotel](#) * * * * *

In a privileged location in Porto's Ribeirinha district and 15 minutes from the airport, the NEYA Porto Hotel is situated directly on the banks of the Douro River. In addition to the breathtaking views, guests will find the perfect retreat to get away from it all, enjoy family vacations, do business or simply spend a relaxing weekend. Overlooking the Douro River, the hotel used to be a historic monastery, the Madre Deus de Monchique Monastery. During the renovation of the building, the original architecture of the monastery was respected and historical artifacts were preserved. Among the 124 rooms, guests will find themed suites that reference icons of Portuguese industry, such as the Bordallo Pinheiro suite, the Delta Caffés suite, the Amorim Cork suite, Vista Alegre porcelain, and others designed to surprise our guests.



Ovar: [Furadouro Boutique Hotel Beach & Spa](#) * * * * *

Furadouro Boutique Hotel is located directly on the beach of Furadouro, one of the most famous beaches in the central region. The hotel has a modern design, with spacious areas and natural light. The hotel with 27 rooms are elegantly decorated and have air conditioning, TV, safe, Wi-Fi Internet, minibar and hairdryer, 15 of the rooms offer a magnificent view of the Atlantic Ocean. For moments of relaxation, guests can take advantage of the spa with heated indoor pool, Turkish bath, sauna, gym and treatment room. The sea-view restaurant offers a Mediterranean-influenced menu with fresh local produce.



Aveiro: [Melia Ria Hotel & Spa](#) * * * * *

The Melia Ria Hotel & Spa is a new four-star luxury hotel located in the heart of Aveiro's city center, right on a cove of the picturesque Ria de Aveiro. Each of the 128 guest rooms is fully equipped with air conditioning and heating, direct dial telephone, satellite and cable television, minibar and safe deposit box. A key feature of the Melia Ria is its modern spa center, which includes an indoor pool, whirlpool, Jacuzzi, sauna, Turkish bath and gym. The hotel's diverse facilities include a restaurant, bar, snack bar, Wi-Fi, boutiques, hairdresser and conference rooms. The restaurant serves rich traditional cuisine from the region and offers a wide selection of wines from the neighboring region of Bairrada.



Figueira da Foz: [Universal Boutique Hotel](#) * * * * *

The Universal Boutique Hotel is a new, charming establishment in the center of Figueira da Foz and close to the city's famous beach. The area is characterized by pedestrian streets, stores, bars and restaurants as well as art nouveau buildings. The casino is only a 5-minute walk away. The hotel has a bar and no restaurant. The 29 modern rooms offer free Wi-Fi, LVD TV, double-glazed windows and air conditioning.



São Pedro de Moel: [Mar & Sol Hotel](#) * * * * *

Situated in the coastal village of São Pedro de Moel in a picturesque cliff-top location, the Mar & Sol Hotel is a modern and complete property. The restaurant offers panoramic views and the rooftop terrace is a beautiful spot to enjoy the sunset. A bar and a spa complete the hotel's facilities. The 57 rooms are equipped with flat-screen TVs, minibar, free Wi-Fi and air conditioning.

Óbidos: [Josefa d'Obidos Hotel](#) * * * * *

Located in the charming medieval town of Óbidos, this graceful and recently renovated 4-star hotel allows guests to experience the historic charm of Portugal first hand. The carefully selected furnishings and warm interiors of the Hotel Josefa D'Óbidos create an atmosphere that reflects the historic character of the area. The elegant, well-designed rooms are large, clean, air-conditioned and set up so that you can enjoy your privacy. The hotel's restaurant has been refurbished and serves traditional Portuguese cuisine. Alternatively, a short drive into town offers several restaurants to choose from.

Lisbon: [Turim Marquês Hotel](#) * * * *

Just a 5-minute walk from Marquês de Pombal Square in central Lisbon, this 4-star hotel offers rooms with free Wi-Fi and a flat-screen TV. The air-conditioned rooms at Turim Europa Hotel feature parquet floors and wooden furniture. The Turim Europa's restaurant serves local and international cuisine. Light meals, afternoon tea and cocktails are available in the Turim's bar. Guests can relax with a book in Hotel Turim Europa's reading room. The hotel also has a TV room, 24-hour reception and a laundry service.

